**Subject Line:** Introducing Gateway to Hope – Our New Mental Health Ministry

**Preheader:** Discover a safe space for healing, growth, and support within our community.

**Dear [Recipient's First Name],**

We are excited to announce the launch of **Gateway to Hope University**, our church’s new mental health ministry. This initiative reflects our unwavering commitment to fostering a community that prioritizes healing, hope, and holistic well-being.

**Why Gateway to Hope University (GTHU)?**

Mental health challenges can affect anyone, and seeking support is a courageous step. At Gateway to Hope University, we aim to offer a safe and compassionate environment where individuals and families can find encouragement, understanding, and practical tools for thriving in their spiritual and mental health journeys.

**What GTHU Offers:**

* **Mental Health Coaching** – Trained Mental Health Coaches who offer faith-informed guidance for those navigating mental health distress.
* **Transformed Support Groups** – Connect with others who share similar experiences in a confidential and uplifting space.
* **Continued Support and Education** – Equip yourself with tools for resilience, topical educational training, ministry stress management, and emotional well-being.
* **Ministry Care and Support** – Experience the power of evidence-based research coupled with spiritual accompaniment designed to meet the needs of your faith community.

**Who Is Gateway to Hope University For?**

Whether you are personally facing mental health distress, supporting a loved one, or seeking prevention strategies, this ministry is here for you. Everyone is welcome—our goal is to walk alongside you with confidentiality, empathy, and prayerful support.

**Take the Next Step:**

We invite you to join us for an upcoming **Informational Session** on [Date] at [Time], where you can learn more about Gateway to Hope University. Visit our webpage at [link] or contact us directly at [phone number] or [email address] to get started.

Together, as a community grounded in faith and care, we can break down the stigma surrounding mental health and build a pathway to hope.

Warm regards,

[Your Pastor’s or Team’s Name]

[Church Name]

**Learn More About Gateway to Hope ➔**

\*If you no longer wish to receive updates, unsubscribe here.

[Church Name, Address, City, State, Zip Code]\*