**Our Faith Community Is Committed to Mental Health Ministry**

We believe that faith communities should be a place of healing, hope, and support—not silence or stigma. That’s why we’re taking intentional steps to care for the mental and emotional well-being of our congregation.

Through our partnership with **Gateway to Hope University**, we’re equipping our leaders and volunteers with the tools they need to walk alongside those facing mental health distress. GTHU offers faith-based training, resources, and support that align with our mission to love and care for the whole person—mind, body, and spirit.

Together, we are learning to:

* Recognize signs of mental health distress
* Respond with compassion and wisdom
* Connect individuals and families with trusted support
* Create safe spaces for honest conversations and community care

Whether you’re walking through a difficult season or want to be part of the solution, there’s a place for you here.

Learn more or take the next step at [**learn.gthu.org**](https://learn.gthu.org/)